

TEACHING EXPERIENCE

Currently serving as Assistant Professor (ad hoc) at Jesus and Mary College, Delhi University (since 19th July 20, 2017)

Papers Taught: DSE Psychology of Disability, Understanding and dealing with psychological disorders practical, Positive psychology practical, Developing emotional competence AECC paper, Counseling psychology practical, General Psychology GE, Psychology of Gender GE, Self and Personal growth GE, Organizational Behavior theory and practical as a general elective and a core paper for B.A. Program. Supervised Dissertation titled "Exploring the Lived Experiences of Marriage in Times of Deployment: Army Wives' perspective"

Assistant Professor (Guest) at Shyama Prasad Mukherjee College, Delhi University from January 2017 to May 2017

Conducted workshops on Basics of Play Therapy for students of psychotherapy and counselling at the **SIES College of Arts Science and Commerce, Mumbai, 2016**

Guest Lectures on Counseling at **SIES College of Arts Science and Commerce, Mumbai, 2016**

RESEARCH AND WORK EXPERIENCE

Co-Author and Editor, Unicef Mumbai **December , 2018**
Co-authored and edited a report on the Stakeholder's view of the rehabilitative services available to children in conflict with law living in observation homes in Mumbai

Lead Researcher, Unicef, Mumbai **July 2016- January 2017**
Conceptualized and authored a study on assessment of mental health services for survivors of child sexual abuse in Mumbai

Mind and Me, Mental health Initiative **Associated since January 2018**
Associate psychologist responsible for conceptualization and conduction of workshops and research projects in Delhi
Conducted workshops on prevention of sexual harassment at the workplace in several

Consulting Psychologist Shigally International School for girls **November 2015- October 2016**
Research Analyst , Childline India Foundation, Mumbai **June 2013 - November 2013**

- Conceptualized and designed a one-stop centre for child sexual abuse survivors, networked with organizations and professionals for future project engagement and prepared the final project document

Research Assistant, Ambedkar University, New Delhi **Oct 2011 – April 2013**
• Planned and implemented a Research-Action Project for the Delhi Police that targeted understanding of psychological reasons behind individuals turning to crime, deterrents to recidivism and creation of social systems that prevent recidivism

Project Manager, Annada Shankar Das Memorial Foundation, New Delhi **Jul 2011 – Oct 2011**
• Planned and created a Module for Geriatric Home Care Training, in coordination with nine organizations, aimed at providing employment to young adults in Government after care homes
• Created a five year up-scaling plan for the pilot program

Program Associate and Counsellor Tata Institute of Social Sciences, Mumbai **Apr 2009 – June 2011**
• Trained children, teachers and parents at Mumbai Municipal Schools
• Analysed and modified the training content, mobilized the community to promote better social and emotional

development of children and created a pool of resource people for training

Psychologist and Counseling Cell Coordinator Nov 2008 – Mar 2009 The Counselling Centre, Masina Institute of Behavioral Sciences and Psychotherapy, Masina Hospital, Mumbai,

- Worked with children and adults in need of psychological assessment, counselling and rehabilitation.

- Conducted workshops for children and teachers - largest group being two thousand children from Anjuman Islam School.
- Conducted Cognitive Behavior Therapy and Psycho Diagnostic Workshops for University students.

Market Research Analyst for Exit Advertising, Designed and executed a Research project for a play school and day care activity that involved generating database of research participants, preparing questionnaires, conducting individual interviews, analyzing the data and preparing the final report, 2008

Masters dissertation titled "Shadows of Absence: Constituting moments and moving deadness" supervised by **Dr. Ashok**

Nagpal, University of Delhi: work comprising the analyses of two films, one novella, short story and life anecdotes through the lens of Andre Greene s 'work of the negative' and Vamik Volkan s work on complicated mourning. It explored psychic and manifested losses that are feared imagined and lived.

PUBLICATIONS AND PAPER PRESENTATION

Awaited publication of chapter 'In the aftermath of Child sexual abuse -issues of care from the survivor's perspective' in the book titled "Psychology in Interdisciplinary Discourse : Scope and Challenges" August 2019

Book Review of 'Everyday Life in a Prison' By Mahuya Bandhopadhyay authored for the July 2011 issue of the magazine, 'The Book Review, South Asian publication'

"Grieving Traditions of India:A Psychological Outlook", paper presented at the Indian Psychology Institute seminar 2008, published in the Indian Psychology Institute Journal 2008 that explored the psychological significance of Hindu and Islamic post death rituals.

National Seminar of Psychology on 'Approaches to Mind Sciences Emanating From Indian Culture', New Delhi, 2007 Presented a Paper on 'The Theory of Emotions' as understood in the Natyashastra'-Depicting Aristotelian catharsis and evocation of emotions through a Bharatnatyam recital

EDUCATION

University of Delhi	Masters in Clinical Psychology	First Class	2006-2008
Lady Sri Ram College, Delhi	Bachelors in Psychology	First Class	2003-2006
Convent of Jesus and Mary , Dehradun	I.S.C.(XII)	92.5%	2003
Loreto Convent , Lucknow	I.C.S.E(X)	89%	2001

PERSONAL INTEREST, SKILLS AND OTHER DETAILS

- Trained in Indian classical dance upto the undergraduate level, currently under the tutelage of Padmshri Smt. Geeta Chandran
- Proficient in Ms Office
- Fluent in writing and speaking English and Hindi
- Date of birth - October 9, 1985