

CV

Name Dr. Ameeta Parsuram

Date of Birth 15.12.1955

Designation Associate professor
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**Qualification/
Credentials** M. Phil (Psychology), Ph.D (Psychology),
Post Doctoral Research while affiliated to the Center for the
Study of Developing Societies (CSDS),
MBTI Certified Interpreter,
Certified NLP Practitioner,
Certified Thomas Profiling Consultant
Certified FIRO-B Practitioner

Teaching/Research Experience- 39 Years at both the Undergraduate and Post graduate (B.A, M.A, M.Phil) levels
Papers taught: Social psychology, Organizational behavior, Counseling/Clinical Psychology, Psychological Testing/Assessment and Developmental Psychopathology, Psychology of Self, Systems and Theory in Psychology, General Psychology, Developmental Psychology, Experimental/Cognitive Psychology and more

Research Guidance: Guided 35 (Approximately) research projects for the students of Psychology Honors, in diverse areas like Social Psychology :Human belief Systems, Inter-Group Relations, Attribution, Social Issues like Maternal Employment and Pre-marital relations, Application areas: Impact of Medical Stress on Personality, Theatre as a Profession and its impact on Personality, Psychological Test Validation, Qualitative research in understanding the experiences of the patients suffering from Cancer, HIV Positive/AIDS, Cognitive Processes, Gender Issues, Geriatrics, Partition Of 1947.

Guided two projects of the students of D.C.Patel School of Architecture, LED,

Vallabh Vidyanagar. These projects explored the realm of built environment's effect on child development.

Supervised Field Work for a large number of students specializing in Developmental Psychology

Professional Memberships:

- Life member- Indian Academy of Applied Psychology (IAAP)
- Life member-Delhi Association of Clinical Psychologists (DACP)
- Member- National academy of Psychology (NAOP, India)
- Member (Two Years)- International Association for Cross Cultural Psychology (IACCP)
- Life member- Indian Association for Family Therapy (Held the position of Secretary of IAFT (1998-2000).
- Life Member-Indian Association for Child and Adolescent Mental Health (IACAM)
- Life member- Parents Forum for Meaningful Education (NGO), Was on the executive board for a year.

Publications:

- Fifteen Empirical Research papers
- Six articles on Parenting practices
- Chapter on 'Experience of Anger in Women', Accepted for publication in a book on Gender and Mental Health, Editor: Bhargavi Davar (BAPU TRUST , Pune)

Additional Professional Activities:

Have participated in numerous seminars and conferences, some being as follows:

- All India Conference on 'Psycho-social problems of the Handicapped', March 1982, Jamia Millia Islamia
- Seminar by the Institute for Cross Cultural and Cross-Ethnic Studies (Netherlands), organized at IP College, University of Delhi, September 1988.
- Presented a paper in the XXIV International Congress of Psychology, Sydney, Australia, 1988.
- Paper presented in the national Seminar on Health Management in 1996, organized by Aastha (Delhi) and NIMHANS 9Bangalore)
- Paper presented in the IV Asian Regional Conference in Kathmandu, Nepal, 1992.
- Presented papers in the Annual NAOP, India conventions held in 1993, 1994 and 1995.
- presented papers in the National/International Conferences organized by IACAM in 1999, 2002 and 2003.
- Attended the Refresher courses organized by the Center for professional Development in Higher Education, University of Delhi in 1998 and 2000.
- participated in the First International Conference on 'Children and family Therapy', organized by IAFT, 2006.

-Was the invited speaker/chairperson in a symposium on 'Women and mental Health', as part of the National Conference organized by Christ College, Bangalore, 2007.

-As part of PFME was actively involved in getting 'Corporal Punishment' abolished from the Indian Schools. In this context I carried out various trainings/workshops in Government and Private schools on the theme of 'Positive Classroom management' as well as conducted Therapy sessions with children who had been subjected to such punishment in schools.

Trainings Undergone:

-Diploma for training in 'Instrumental Enrichment, Phase-1', organized by the International center for the Enhancement of Learning Potential, Jerusalem and Special Education Society for Developing Cognitive Skills, 1996.

-Training on 'Circular Questioning Technique in family Therapy' by Anke Savenje, organized by IAFT, 1996.

-'Couples Therapy', by Mudita Rastogi, Assistant professor, Illinois School of Professional Psychology, organized by IAFT, 1996.

-Trained in 'Family Therapy', by David Campbell, Principal Clinical psychologist, Tavistock, London, organized by IAFT, 1998.

-Trained in 'Behavioral Family Therapy', organized by IAFT, 2000.

-Trained in 'Therapy with Couples', organized by IAFT, 2000.

-Trained in 'Working to Expand the Self of the Therapist' by Ann Miller, Clinical psychologist and Family Therapist, London, organized by IAFT, 2000

-Trained in 'Emotion Focused Therapy' by Mudita Rastogi, Assistant professor, Illinois School of Professional Psychology, organized by IAFT, 2004

-Trained in 'Solution Focused Brief therapy' by John Wheeler, Family Therapist, Brief therapy North East, UK, organized by SBISR, 2004.

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Resource Person:

-Talk on 'Poverty and population', Department of Adult and Continuing Education, University of Delhi, 1986

-Lecture on 'Group Guidance and Counseling', YMCA Institute of behavioral Sciences, 1989.

-Lecture on 'Alcoholism', Institute of Criminology, 1991, 1992

-Panelist for a discussion on 'Adoption', Radio FM, 1996

-Talk on 'Use of Cognitive Skills to Remediate Learning Difficulties', in the proceedings of the Annual Seminar entitled 'Integrated Education', organized by PFME, Delhi, 1996.

-Talk on 'Understanding Ethnicity Through Social Identity Theory', for the members of the Theory Workshop, Jesus and Mary College, University of Delhi, 1996.

-Conducted 'Counseling Skills' training for the counselors working with Population Services International, 1996.

-Organized (as the executive member) and presented a talk in the National

seminar, of the Parent's Forum for Meaningful Education, on 'Educating Children without Punishment', 1997

-Invited, open talk/interactive session on, 'Punishment in Schools: Psychological Implications and Legal Provisions', India Habitat Center, 1997.

-Lecture on, 'Managing Emotions', for the Forum of Women in Public Sector, 1998.

-Invited open talk/interaction session on 'Human Belief System', India Habitat Center, 1998.

-Conducted a two-day workshop for the students of Lady Irwin College on 'Counseling skills to deal with the family having a special child', 1998.

- As the Secretary of the Indian Association for family Therapy, organized an International Seminar/Workshop on, 'The New Millennium and Family Therapy', Delhi, 2000.

Between 2000-2010...the following have been done

-As a member of IAFT, conducted a series of workshops on 'Family Therapy' for many of the Delhi University colleges.

-Have conducted a large number of workshops in a number of Delhi schools on themes like Discipline without Punishment; Making Teaching Meaningful, Relevant and Lasting; Becoming an Effective Teacher by knowing Self; Conflict Management; Emotional Intelligence; Fostering Self-esteem in Children; Effective Parenting, Sex Education in Schools, Understanding Adolescence; Abolishing Corporal Punishment etc. These trainings were for the students/teachers/parents.

-Have been a resource person with Vasant Valley School, in the proceedings of their Annual Academic Event for teachers from various schools (Covering Themes like 'Smart Board Vs Smart Teacher')

Between 2010-2019, I have been called as a resource person for many FM Radio Psychological helpline Programs.