# Curriculum Vitae

Ms. Reshma Raichel Jose			
Designation	Assistant Professor		
Department	Psychology		
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# **EDUCATION**

Degree	Institution	Year	Details
PhD	University of	Pursuing	Women with Disabilities in India
	Delhi		
M.A. Applied Psychology	Tata Institute of Social Sciences, Mumbai	2016	Specialization in Clinical Psychology
B.A. Psychology (hon)	Jesus and Mary College, University of Delhi	2014	

# **CAREER PROFILE**

Organisation / Institution	Designation	Duration	Role
Jesus and Mary College	Assistant Professor	2018-Present	In the Department of Psychology
			<ul> <li>Psychology Association In-Charge (2023- Present)</li> <li>Teacher Co-Ordinator- Community Outreach Programme, Dept of Psychology</li> <li>Organised Annual Department Academic Day "Catharsis" (2023)</li> <li>Chaired the Panel on "Resilience in Diverse Communities" (2023)</li> <li>Organized student workshop on Psychodrama (2023)</li> <li>Organized a seminar on 'Career Prospects in Psychology' with Dr. Sneh Kapoor (2023)</li> <li>Organised a seminar on "Decentralizing Community Clinical Psychology in India by Dr. Manoj Kumar" (2022)</li> <li>Organised a seminar on 'Critiquing Normalcy and Disability' (2021)</li> </ul>

- Organised a Seminar on 'United Nations Convention on the Rights of Persons with Disabilities' with Reshma Valliapan (2019)
- Organised a Seminar on the epistemological features of the various paradigms of disability studies with Dr.Anita Ghai (2019)
- Organizing effective mentor ward sessions with the students.

### Contributions at the College Level

- Member of NAAC Criteria 1 Curricular Aspects
   (Curricular Planning and Implementation, Academic
   Flexibility, Curriculum Enrichment & Feedback
   System) and Criteria2 Teaching, Learning and
   Evaluations Team (Student Enrollment and
   Profile, Catering to student diversity, Teaching Learning Process, Evaluation Process and Reforms &
   Student Performance and Learning Outcomes)
- Member-JMC Minority Admissions Team
- Teacher Co-ordinator- AICUF (2018-present)
- Teacher Co-ordinator- WSC (2022-Present)
- Convener Kahkasha (2020-2022)

## Co-curricular and Extracurricular work within Institute

- Organised orientation for Christian Students joining first year, JMC
- Organised "Winter Chimes" Music Festival (2022,2023)
- Organised JMC-AICUF Seminar Series 2023
- Organised seminar on "Mental Health and Wellbeing- Peer Intervention Strategy" (2021)
- Organised seminar on "Resilience for new beginning and well-being" (2021)
- Organised a talk on 'Let's talk about mental Health' with- Prof- Roy Abraham Allivayalil (2021)
- Organised Society talk on 'Trauma and Grief' in the times of Covid-19 Pandemic' (2021)
- Organised society Christmas event 'Asha 2020'
- WSC- Organizing Committee: Women's Study Cell Annual Festival 'Jagriti'
- Discussant for the International Students Seminar organised by Department of English, JMC (2023)
- Discussant for "Women's Lives: Negotiations, Contestations and Transformations" student seminar organized by WSC, JMC (2021)

Lady Irwin	Guest	2017-2018	Offered papers on General Psychology and Social
College	Faculty		Psychology to Post-graduate students of psychology
University of Delhi	Research Fellow	2017	Worked as part of the fellowship program within the Gifted Education Project. This initiative, overseen by the Chief Principal Adviser to the Government of India, aimed to identify and mentor potentially gifted students in schools nationwide. The team successfully gathered data from approximately 1.1 million students and conducted a comprehensive analysis and intervention programme.
Population Council	Freelance Research Consultancy	2015-2018	Contributed to a qualitative research study evaluating the efficacy and cost-effectiveness of the PMDUP program focusing on preventing maternal deaths and unwanted pregnancies in various African and Asian countries.
Max Multi- specialty Hospital, Saket	Transplant Counsellor	2017	Contributed to the establishment of a Liver Transplant Unit at MAX Hospital, Saket, alongside experts in the field. Additionally, played a role in introducing counselling for cadaver transplants at the hospital.
Indraprastha Apollo Hospital, Delhi	Transplant Counsellor	2016	Provided counselling services to patients and their families regarding organ transplantation procedures, provided grief counselling for families of deceased patients, and facilitated suitable interventions, including the option of organ donation.  Worked on the medico-legal aspects of the transplantation process, such as listing patients with NOTTO (Ministry of Health and Family Welfare, Govt of India).  Conducted training sessions for medical professionals on cadaver transplant.  Conducted pre-operative and post-operative psychological assessments for both donors and patients.

AREA OF INTEREST : Disability studies, Minority Studies, Gender

# TEACHING EXPERIENCE (Subjects/Courses taught)

- I. Psychology of Disability
- II. Community Psychology
- III. Abnormal Psychology
- IV. Intergroup Relations

### **Undergraduate Thesis Supervision:**

From Public to the Personal: Deconstructing the Discourses Concerning Women with Disabilities by Nishita Singh, Department of Psychology, Jesus and Mary College (2022).

A Game not for Women: Exploring Gendered Experiences of Politicians in the Indian Context by Shraddha Vijay Kumar, Department of Psychology, Jesus and Mary College (2019).

If she wants it, She'll Ask for it: Exploring Perspectives on Popular Rape Myths by Divina Sethi, Department of Psychology, Jesus and Mary College (2019).

#### **HONORS & AWARDS**

Junior Research Fellow - University of Delhi

### **PUBLICATION DETAILS**

#### Books:

Jose. (2023). COVID-19 and the Changing Trends in CSR Dilemmas of Persons with Disability in India. In Joseph & Marwah (Eds.), Pandemic Perspectives Praxis, Policy and Pedagogies (1st ed.). Knowledge World Publications. https://www.routledge.com/Pandemic-Perspectives-Praxis-Policy-and-Pedagogies/Joseph-Marwah/p/book/9781032768922

Roy, S., Jose, R. (2022) Migrant Crisis amidst Covid-19 Pandemic in India: A Study Through the Lens of Caste, Class and Gender. Re-Imagining Marginality: Exploitation, Expression, Experience. Ed. Mohan Dharavath and Achuth A. Author Press, pp 189-212

#### Journal Articles:

Jose, R. (2017). Exploring the Feasibility of an Art Based Intervention on the Anxiety Level of Neglected and Abused Children. IOSR Journal of Humanities and Social Science.

Roy, S., Jose, R. et.al. (2022). Gender Socialization in Rural India: Assessing the impact of psycho-social realities on mental health of young adolescents. International Journal of Humanities and Social Science Research, Volume 8, Issue 4, 2022, Pages 20-30

Jose, R. (2022). Life Narratives of Persons with Disability in India: A Critical Discourse Analysis. Journal of Comparative Literature and Aesthetics.

#### Papers presented in Seminars/conferences:

Presented a paper on "Critical theoretical enquiry into disabled women's voices" in the Global South Critical Psychology Conference (2023)

Presented a paper titled "Understanding the Discourses of the Desiring, Disabled Subjects" in the National Conference"From Disabled Bodies to Able Subjects" held on 20th March, 2023 in Zakhir Hussain College, University of Delhi.

Presented a paper titled "From the Abled to the (Dis) abled: Deconstructing Discourses and Locating Agency in First Person Writings of Persons with Disabilities" at the 1st World Disability Conference organised by Maitreyi College, University of Disability, from June 27th- 29th 2022.

Presented a paper titled "Voices of Women with Disabilities in India: A Critical Theory Enquiry" at the Fifth Annual Conference on South Asia organised by Dublin City University, The Ireland India Institute from the 26th-29th April 2022.

Presented a paper titled "Picture Abhi Baki Hair: Representation of Women with Disabilities in Indian Cinema" at the International Conference "Locating The Public Sphere in Contemporary India: Theory and Practice", organised by Motilal Nehru College, University of Delhi, from the 21st March-23rd March 2022.

Presented a paper titled "Enabling the Disabilities: Everyday Forms of Resistance" at the 31st Convention of National Academy of Psychology 2022 on "Psychology and Social Justice at the Time of COVID-19 Pandemic: The State, Community and the Individual Perspectives", from the 4th-6th March 2022.

Presented a paper titled "Deconstructing the Portrayal of Women with Disabilities in Indian Cinema" at the Two Days National Seminar on "Gender and Visual Culture", organized by Vivekananda College, University of Delhi, from the 3rd - 4th March 2022.

Presented a paper titled "Resisting Ableism in the Everyday: A Critical Discourse Perspective" in the Five Days' 2nd IDSC International E-Conference on "Disability: Resistance, Disruption and Transgression" organised by Indian Disability Studies Collective (IDSC) from 29th November to 03rd December 2021 in collaboration with Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College and Centre for Disability Research and Training, Kirori Mal College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of Ministry of Education.

Presented a paper titled "Emerging Trends in Corporate Social Responsibility towards Persons with Disability in India at the National Conference on 'Resistance and Revolutions: The Politics of Marginality', organised on the 15th & 16th December 2021 by Dyal Singh Evening College, University of Delhi.

National Workshops and Seminars Organised:

Organizing committee member - International Conference "Social Determinants of Health Inequality and Inequities" (2023)

Organizing team member -National Webinar on "In a relationship with the screen" (2020)

Organised team member -UGC Sponsored National Seminar on 'The Unconscious Communication in Psychoanalysis' (2019)

Participation as Resource Person:

Resource person for an International Seminar cum Workshop on "Empowering Minds: Advocating for Mental Health as a Fundamental Human Right" jointly organized by Jesus and Mary College and St. Aloysius College, Elthuruth.

Discussant for panel on "Giving power back to the Community" with the Bapu Trust at the Red Door Festival(2023)

Discussant for panel on "Community Psychotherapy" with the Mental Health Action Trust at the Red Door Festival (2022)

Moderator for panel on "Brining the Margins to the Centre" at the Red Door Festival(2022)

Conducted a seminar on 'Mental Health Amidst a Pandemic- World Mental Health Day' at Dyal Singh College (2021)

#### OTHER DETAILS

Preparation of Teaching Material:

### For the University of Delhi:

- Design and Development of Curriculum, DSE- Psychology of Disability (UGCF), 2020
- Design and Development of Curriculum, GE- Psychology of Gender, 2020
- Design and Development of Curriculum, GE- Psychology of Sexuality, 2020
- Faculty member- Course Design for the V.A.C Paper 'Social Diversity' under NEP,2020
- Faculty member- Course Design for the G.E. Paper 'Self in a changing world', under NEP,2020

### Research Projects:

Gifted Education Project, University of Delhi

Membership in Professional Bodies:

- Indian Disability Studies Collective
- Society for Disability Studies
- The Red Door Project

#### **Orientation and Refresher Courses:**

Qualitative Research Workshop organized by JMC, Delhi (2022)

Participated in a Workshops on Advanced Qualitative Research Methods in Psychology (AQRMP) (2021)

Four Week Two Credit Online Certificate Course in Disability Studies (2021)

Successfully completed 2 week Inter disciplinary Refresher Course in "Advanced Research methodology" organized by University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of Ministry of Education and obtained Grade A+ (2023)

Successfully completed One-Week Online National Faculty Development Program organized by Centre for Disability Research and Training, S.G.T.B. Khalsa College, DU in collaboration with CDRT, Kirori Mal College, DU and Guru Angad Dev Teaching Learning Centre, a Centre under PMMMNMTT, Ministry of Education, Government of India. This online FDP is equivalent to face to face one week FDP. The one week's involvement included attendance during live/recorded sessions, hands on activities, submission of quizzes, assignments and project. Obtained Grade "A" as required for promotion under CAS of UGC and AICTE.

Training achieved in three days hands-on Online Workshop on SPSS Applications in Data Analysis organized by the Education Committee of PhD Chamber of Commerce and Industry, New Delhi. (2020)

Training achieved in Four Week Two Credit Online Certificate Course in Disability Studies organized by IQAC, Kirori Mal College, in collaboration with the Saksham Trust (2021)