


Curriculum Vitae

Title	Dr	First Name	Jijo	Last Name	Varghese	
Designation	Assistant Professor					
Department	Elementary Education					
Institutional Email Address	jvarghese@jmc.du.ac.in					
EDUCATION						
Degree	Institution	Year	Details			
Ph.D.	Central University of Kerala	2022	‘Effectiveness of Contextualized Multiple Intelligences (CMI) based instructional Strategy for enhancing Twenty First Century Skills among Prospective Teachers of Kerala’			
M.Ed.	Banaras Hindu University	2018				
B.Ed.	Mahatma Gandhi University, Kottayam	2016				
M.A (Psychology)	Dr Harisingh Gour University, Sagar	2010				
B.A.	Vikram University, Ujjain	2007				
Post Graduate Diploma in Life Skills Education	Central University of Kerala	2022				
CAREER PROFILE						
Organisation / Institution	Designation	Duration	Role			

Regional Institute of Education (NCERT), Ajmer, Rajasthan	Assistant Professor in Education	28 April 2022 to 04 December, 2024	Teaching
AREA OF INTEREST : Educational Psychology, Child Development, Teacher Education, 21st Century Skills for Learning, Educational Research			
<p>TEACHING EXPERIENCE (Subjects/Courses taught)</p> <ul style="list-style-type: none"> I. Cognition and Learning II. Child Development III. Research in Education 			

HONORS & AWARDS

- **University Rank- 2nd Rank** for BA, Vikram University, Ujjain – 2007
- **First Rank for MA (Psychology)**, Dr Hari Singh Gour University, SAGAR -2010
- **Best Student Award 2015-** St Thomas College of Teacher Education, Pala, Kottayam.
- **Gold Medal (BHU Medal)** from Banaras Hindu University- 2018 for securing first position in M.Ed.
- **Shashikant Dharendra Social Development Trust Award-2019**, Alumni Association, Faculty of Education, Banaras Hindu University
- **Maulana Azad National Fellowship for Minority Students (MANF)-** 2018 for pursuing Ph.D.

PUBLICATION DETAILS

Journal Articles:

1. Varghese, J & Singh, V.K. (2017). ‘MOOC: A Channel for Professional and Personal Development for Teachers and Students’. *University News*, 55 (51), 59-62.
2. Varghese, J & Singh, V.K. (2017) “Indian Higher Education in a Global Society”. *Asia Pacific Journal of Research*, 1 (LVII), 185-187.
3. Varghese, J. (2019). “Quality Management in Teacher Education: Need of the Time”. *GLIMPSES*, Supplementary Edition, pp. 116-121, ISSN 2250-0561
4. Varghese, J. & Gardia, Alok (2020). “Heutagogic Approach in Teaching and Learning in SWAYAM”. *Education India Journal*, 9(1), 42-50. ISSN-2278-2435
5. Varghese, J., & Musthafa, M. A. (2020). Why do Students Procrastinate? Empirical Derivate from the relation between procrastination and learning resistance. *Research And Reflections On Education*. 18 (04A). 38-42. ISSN- 0974-648X
6. Varghese, J. (2021). Missionary Consciousness of St Thomas Christians: The starting point of Educational revolution in Kerala. *NCC Review*. Vol. CXLI (01). 13-26. ISSN 0975-1882
7. Varghese, J., & Musthafa, M.A. (2021). Why the Optimism Misses? An Analysis on the Gaps and Lags of Teachers’ Perceptions of 21st Century Skills. *Shanlax International Journal of Education*, 10(1), 68-75. <https://doi.org/10.34293/education.v10i1.4322> ISSN- 2582-1334
8. Varghese, J., & Musthafa, M. A. (2021). Investigating 21st Century Skills Level among Youth. *GiLE Journal of Skills Development*, 1(2), 99–107. ISSN- 2732-3781 <https://doi.org/10.52398/gjsd.2021.v1.i2.pp99-107>
9. Varghese, J., & Musthafa, M.A. (2021). Preparing Teachers for 21st Century: Reflections and Concerns. *DEI-FOERAA*. Vol. 1, 2021, pp 45-51. <https://www.dei.ac.in/dei/deifoeraa/files/Preparing%20Teachers%20for%2021st%20Century%20Reflections%20and%20Concerns.pdf>
10. Varghese, J., & Musthafa, M.A. (2021). Mismatch between Expected Skills and Acquired Skills: A Probe into the Level of 21st Century Skills among Prospective Teachers. *Innovations and Researches in Education*. 10(1). 48-59. ISSN- 2231-4148

11. Varghese, J., & Musthafa, M.A. (2022). Online Teaching: Perceptions, Challenges and Opportunities during and beyond Covid-19 Pandemic among Secondary School Teachers. *Indonesian Journal of Contemporary Education*. Vol.4 (1). 1-7. Doi: [10.33122/ijocce.v4i1.19](https://doi.org/10.33122/ijocce.v4i1.19) ISSN- 2656-033X
12. Varghese, J., & Musthafa, M.A. (2021). Framework for Assessing 21st Century Skills among Teachers: A Need Analysis. *International Journal of Life Skills Education*. Vol.7 (2). 113-119. ISSN- 2394-630X
13. Varghese, J., & Musthafa, M.A. (2022). Integrating Digital Literacy Skills and Technological Intelligence in the Higher Education Curriculum of India: A New Paradigm. *Issues and Ideas in Education*. Vol.10(1). 31-38. ISSN- 2320-8805 DOI: [10.15415/iee.2022.101004](https://doi.org/10.15415/iee.2022.101004)
14. Varghese, J., & Musthafa, M.A. (2022). From Multiple Intelligences to Contextualized Multiple Intelligences: A New Psychological Paradigm for Higher Education Pedagogy in South Asian Countries. *The International Journal of Interdisciplinary Educational Studies*. Vol.17 (2). 37-50. <https://cgscholar.com/bookstore/works/from-multiple-intelligences-to-contextualized-multiple-intelligences-3690f842-4f4d-4b43-aea8-292b8bee87e1> ISSN- 2327-2570
15. Varghese, J & Gardia, Alok. (2023). ‘Retrospect and Prospect of Evaluation Reforms for Transforming Indian Higher Education. *University News*, 61 (08), 72-75.
16. Varghese, J & Singh, Kushwaha. (2023). Reformulating Teacher Preparation for the Digital Age Learners : Need of the Time. *SATRAACHEE*. 39 (27). ISSN: 2348-8425
17. Varghese, et.al. (2024). A Comparative Study Of Happiness Quotient Of Graduate Level Students Studying In Naac A++ Accredited University And Non-Accredited State University. *Educational Administration: Theory and Practice*, 30(4), 4333–4339. <https://doi.org/10.53555/kuey.v30i4.2209>

Chapters in Edited Book

1. “Skills for 21st Century Learners” by Jijo Varghese in *Revolutionizing Indian Education System*. (2020). M. Ganesh Babu and N. Panchanatham (Eds). Bangalore: Archers& Elevators Publishing House. ISBN- 978-81-946245-0-9
2. “Redefining Future Learning: Fostering 21st century skills among the learners” by Jijo Varghese and Dr MN Mohamedunni Alias Musthafa in *Education for Future*. (2020). Alex et al. (Eds). New Delhi: Media Publication. ISBN- 978-93-88989-61-9
3. 21st century skills: Redefining how students learn in 21st century by Jijo Varghese and Dr MN Mohamedunni Alias Musthafa in *Psychology of Classroom Interactions*. (2020). Selvamari and Sameer Babu (Eds). New Delhi: APH Publishers - ISBN- 978-93-89875-15-7
4. Contemporary Significance of Value Education: Need for Paradigm shift in Curriculum by Jijo Varghese in *Human Rights and Value Education*. (2019). Manmohan Gupta (Ed). Pune: Eureka publication - ISBN- 978-81-943743-1-2

Papers presented in Seminars/conferences:

1. Participated and presented a paper on **‘Quality Enhancement Through E-Education And National Development’** in the UGC sponsored National Seminar on ‘VISION 2030: CONTRIBUTIONS OF EDUCATIONAL RESEARCHES ON NATIONAL DEVELOPMENT’ held at St Thomas Teacher Education, Pala, on 6th and 7th August, 2015.
2. Participated and presented a paper on **‘A Psychological Intervention for the Classroom’** in the UGC sponsored National Seminar on ‘BEHAVIOR MODIFICATION: A PSYCHO DYNAMIC APPROACH TO MALADJUSTMENT IN ADOLESCENTS’ held at St Thomas Teacher Education, Pala, on 19th and 20th January, 2017.
3. Participated and presented a paper on **‘Hostile- Aggressive Behavior in the Classroom: Dealing with Challenging Behaviors’** in the UGC sponsored National Seminar on ‘BEHAVIOR MODIFICATION: A PSYCHO DYNAMIC APPROACH TO MALADJUSTMENT IN ADOLESCENTS’ held at St Thomas Teacher Education, Pala, on 19th and 20th January, 2017.
4. Participated and presented a paper on **‘Internationalization of Indian Higher Education: Nature and Challenges’** in the AAE BHU sponsored National Seminar on ‘REDEFINING EDUCATION IN GLOBAL SOCIETY: PARADIGMS FOR FUTURE TRANSFORMATION’ held at Faculty of Education, Banaras Hindu University, Varanasi, on 27th and 28th October, 2017.
5. Participated and presented a paper on **‘Quality Management in teacher Education: Some Insights’** in the NAAC sponsored National Seminar on ‘ENHANCING THE QUALITY OF TEACHING, LEARNING AND EVALUATION IN HIGHER EDUCATION’ held at Vasanta College for Women, Varanasi, on 23th and 24th February, 2018.
6. Participated and presented a paper on **‘Digitalization of Indian Higher Education: In search of New Methods of Teaching and Learning’** in the National Seminar on ‘TEACHING LEARNING PLATFORMS FOR DIGITAL NATIVES’ held at St. Thomas College of Teacher Education, Pala, Kottayam on 27th and 28th September, 2018.
7. Participated and presented a paper on **‘Relevance of Massive Open Online Courses in Higher Education’** in the ICSSR, RUSA & TSCHE sponsored National Seminar on ‘HIGHER EDUCATION IN INDIA: EMERGING CHALLENGES’ held at New Government Degree College, Serilingampally, Hyderabad, on 30th and 31st January, 2019.
8. Participated and presented a paper on **‘Need for a Symbiotic Integartion of Digital Literacy Skills and Technological intelligence in the Indian Higher Education Curriculum: A New Paradigm’** in the ICSSR sponsored National Seminar on ‘EMPOWERING INDIA THROUGH DIGITAL LITERACY’ held at Department of Education, Annamalai University, Tamil Nadu, on 12th and 13th April, 2019.
9. Participated and presented a paper on **‘Moving beyond Multiple Intelligence: A New Psychological Paradigm for South Asian Countries’** in the ICSSR sponsored International Conference on ‘HIGHER EDUCATION IN SOUTH ASIA: CHALLENGES AND POSSIBILITIES’ held at Department of Education, University of Delhi, from 02-05 December, 2019
10. Participated and presented a paper on **‘Integrating Life Skills across Curriculum as a Tool for Transformative Competencies’** in the ICSSR Sponsored International Conference on Life Skills Education 2019 Organized by IALSE and S-VYASA University, Bangalore, 1-3 November, 2019.
11. Participated and presented a paper on **‘Framework for assessing 21st century skills among Teachers: A need analysis’** in the Three Day International Online Conference on “Crisis Management Through Life Skills”, 18th to 20th February, 2021.
12. Participated and presented a paper on **‘Skills Development and Employability for Youth in India:**

<p>Challenges and Opportunities’ in the National Seminar on Population Education (MSPE 2022) held at Regional Institute of Education (NCERT), Ajmer, in November 15-17,2022.</p> <p>13. Participated and presented a paper on ‘Skill Development as the backbone of Atmanirbharta’ in the INTERNATIONAL CONFERENCE ON ‘Sustainable Future in the Post Pandemic Era: Life Skills as Strategic Enablers’, 4-6 November 2022 held at Rajdhani College, New Delhi</p>
<p>Talks/Lectures:</p> <ol style="list-style-type: none"> 1. Acted as a Symposium Speaker for ICSSR Sponsored International Conference on Life Skills Education 2019 on Integrating Life Skills across Curriculum as a Tool for Transformative Competencies, Organised by IALSE and S-VYASA University, Bangalore, 1-3 November, 2019. 2. Delivered a Talk in the Interactive Talk under Academic Forum, Regional Institute of Education (NCERT), Ajmer on the topic ‘Quality Indicator Framework: A Quest for Excellence in Higher Education Institutions with reference to National Education Policy 2020’.
<p>Participation as Resource Person:</p> <ol style="list-style-type: none"> 1. Acted as a Resource Person for ‘BE A TEACHER WHO IS LOVED BY THE STUDENTS’, the Motivational Training Programme for Teachers Organized by Carmel convent school, Ahmednagar, Maharashtra, , on 08-09 June,2017. 2. Acted as a Resource Person for ‘CAPACITY BUILDING PROGRAMME’ the Motivational Training programme for teachers Organised by St. Teresa’s Convent Eng. Med. H.S. S. Jalgaon. Maharashtra, from 5-7 June, 2017. 3. Acted as a Resource Person for ‘CAPACITY BUILDING PROGRAMME’ the Motivational Training programme for teachers Organised by St Joseph’s Eng. Med. H.S. S. Greater Noida, 29-30 June, 2018. 4. Acted as a Resource Person for ‘Session on Higher Education System’, Organised by University Employment Information & Guidance Bureau, Kannur University, 12/11/2019. 5. Acted as Resource Person in the ‘Foundations of Education for Post Graduate and Researchers in Education on 22/05/2023 organized by MHRD-TLC, University of Calicut.
<p>OTHER DETAILS</p>

1. **TEACHING ASSISTANT- MOOC-ARPIT** on *Curriculum Design and E-Content Development* (SWAYAM- ARPIT course December 2018- February 2019) – NRC, Central University of Kerala
2. **TEACHING ASSISTANT- MOOC** on *Developing Life Skills* (SWAYAM- CEC course July- November 2019) – EMMMRC, Calicut University
3. **TEACHING ASSISTANT- MOOC-ARPIT** on *Curriculum, Pedagogy and Evaluation for Higher Education* (SWAYAM- ARPIT course October 2019- January 2020) – NRC, Central University of Kerala

Membership in Professional Bodies:

1. **Life Time Member**, Alumni Association of Education, BHU, Varanasi
2. **Life Time Member**, Indian Association of Life Skills, Chennai

Orientation and Refresher Courses:

1. Participated in a **Capacity Building Programme** conducted by Vidya Institute of Training and Development on ‘New CBSE Policies and Classroom Management’ held at International Hindu School, Nagwa, Varanasi on 21-22 May 2017
2. Participated in the ‘Ten Day Capacity Building Workshop on Research Skills and Methodology’ under PMMNMTT Scheme/MHRD/GoI on the theme ‘Sharpening the Research Skills’ at School of Education, **Pondicherry University**, from 24th July to 02nd August, 2019.
3. Participated in the international workshop on ‘Writing and Publishing Research Articles in UGC-CARE journals’ organized by **Sree Ayyappa College for Women & Voice of Teachers**, Nagercoil on 26th August, 2019.
4. Participated in the ICSSR Sponsored Pre-Conference Workshop on ‘Research Methodology in Life Skills Education’ from 29- 31st October, 2019 at **S-Vyasa university**, Bangalore.
5. Participated in the 10 Days Online Research Methodology Course from 19th to 30th August 2021 organized by Sarojini Naidu Centre for Women’s Studies, **Jamia Millia Islamia University** with the support of Indian Council of Social Science Research, New Delhi.
6. Participated in the 30 hours Academic Writing and Publishing in Social Sciences from 1 to 15 June, 2021 organized by Department of International Relations and Politics, **Central University of Kerala**.