


## Curriculum Vitae

Title	<b>Dr.</b>	First Name	<b>Bhumika</b>	Last Name	<b>Kapoor</b>	
Designation	<b>Assistant Professor</b>					
Department	<b>Psychology</b>					
Institutional Email Address	<b>bkapoor@jmc.du.ac.in</b>					
<b>EDUCATION</b>						
Degree	Institution	Year	Details			
PhD	<b>Department of Psychology, University of Delhi</b>	<b>2022</b>	<b>Title of thesis – <i>Exploring the Interplay between Globalization and Identity</i></b>			
MPhil	-	-	-			
Masters	<b>Department of Psychology, University of Delhi</b>  <b>(Daulat Ram College, University of Delhi)</b>	<b>2013</b>	<b>MA Psychology</b> Percentage – <b>72.71%</b>  Undertook a Dissertation titled ' <b>Understanding Adolescent Health Risk Behavior in Cultural Context</b> ' for the partial fulfillment of the Masters' Degree in Psychology, under the supervision of <b>Prof. Girishwar Misra</b> .			
Bachelors	<b>Vivekananda College, University of Delhi</b>	<b>2011</b>	<b>B.A. Hons. Applied Psychology</b> Percentage – <b>71.67%</b>  (College Topper; University Topper in II <sup>nd</sup> Year)			
<b>CAREER PROFILE</b>						
Organisation / Institution	Designation	Duration	Role			
<b>Jesus and Mary College, University of Delhi</b>	<b>Assistant Professor (Regular)</b>	<b>January 2024 onwards</b>	<b>Responsibilities at the College Level:</b> 1. Member, NAAC team for Criterion 5 (between 2019 – currently). 2. Member, NIRF team (2022).			

<p><b>Jesus and Mary College, University of Delhi</b></p>	<p><b>Assistant Professor (Ad-hoc)</b></p>	<p><b>January 2016 to January 2024</b></p>	<ol style="list-style-type: none"> <li>3. Member, National Service Scheme, Jesus and Mary College (Currently).</li> <li>4. Member, Iris – the Fine Arts Society, Jesus and Mary College (between 2016 – 2017; 2018 to currently)</li> <li>5. Member, Indian Cultural Society, Jesus and Mary College (between 2017 – 2018).</li> <li>6. Member, Core Team, Annual Cultural Festival – Montage, Jesus and Mary College (2019 &amp; 2024).</li> </ol> <p><b>Responsibilities at the Departmental Level:</b></p> <ol style="list-style-type: none"> <li>1. IQAC Coordinator, Department of Psychology, Jesus and Mary College.</li> <li>2. Association Co-In-Charge, Department of Psychology, Jesus and Mary College (between October 2019 – July 2021, and currently).</li> <li>3. Member, Psychology Association Book Club (2020 – currently).</li> <li>4. Supervising the operations of the social media accounts run by the department since 2019.</li> <li>5. Assisted in the admissions process over the years.</li> </ol> <p><b>Other Responsibilities:</b></p> <ol style="list-style-type: none"> <li>1. Setting question papers for different papers over the years.</li> <li>2. Other responsibilities include invigilation, evaluation of semester exams, serving as internal examiner for practical examinations, as well as external examiner in other colleges for their practical examinations.</li> </ol>
<p><b>Jesus and Mary College, University of Delhi</b></p>	<p><b>Assistant Professor (Guest Faculty)</b></p>	<p><b>January 2015 to April 2015; July 2015 to November 2015</b></p>	<p>Teaching as well as other administrative responsibilities</p>
<p><b>AREA OF INTEREST:</b></p> <p><b>Social Psychology, Developmental Psychology, Psychology of Globalization, Qualitative Research, &amp; Gender</b></p>			
<p>TEACHING EXPERIENCE (Subjects/Courses taught):</p> <p><b>Introduction to Psychology (Theory &amp; Practical), Psychology of Individual Differences (Theory &amp; Practical), Social Psychology, Applied Social Psychology (Theory &amp; Practical), Developmental Psychology (Theory &amp; Practical), Development of Psychological Thought, Industrial/Organizational Psychology, Project/Dissertation, Positive Psychology, Understanding Human Resource and Practices (Theory &amp; Practical), Emotional Intelligence, Psychology for Health and Wellbeing, Psychology at Work, Media Psychology, Foundations of Psychology (Theory &amp; Practical), Making</b></p>			

**Decisions (For B.Voc. Healthcare Management and Retail Management & IT). I've also taken practicals for Psychological Research, Community Psychology, and Psychological Perspectives in Education.**

**PhD (Supervised)**

**MPhil (Supervised)**

### **HONORS & AWARDS**

1. Winner of a national level article writing competition in the International Seminar on 'Value Based Life', organized by the Department of Culture, Government of Madhya Pradesh (17-19 April, 2015).
2. Awarded the ICSSR Doctoral Fellowship for the year 2014 – 2015.
3. Certificate of Merit for securing **1<sup>st</sup> Position** in Vivekananda College in **B.A. (H) Applied Psychology**, 2011.
4. Received the **Naman and Mehaan Ahluwalia Scholarship** for academic performance, issued by Vivekananda College, University of Delhi in April, 2011.
5. Received the **Geetika Nagpal Khurana Scholarship** for academic performance, issued by Vivekananda College, University of Delhi in January, 2011.
6. Certificate of Merit for securing **1<sup>st</sup> Position** in **University of Delhi** in **B.A. (H) Applied Psychology**, for the Session 2009 - 10.

### **PUBLICATION DETAILS**

**Books:** NA

#### **Journal Articles:**

1. Antony, T. A., & Kapoor, B. (2023). Portraits of Life After Loss: Understanding Parental Loss Within a Social Context. *Journal of Family Issues*, 0(0). <https://doi.org/10.1177/0192513X231204981> [online first].
2. Kapoor, B., & Sondhi, V. (2023). Exploring the Understanding of Globalization: A Qualitative Study of the Urban, Educated, Middle-Class, Young Indians. *Culture & Psychology*, 0(0). <https://doi.org/10.1177/1354067X231185719> [online first].
3. Radhakrishnan, S. & Kapoor, B. (2021). Social Representation of Health and COVID-19 among Female Domestic Workers in Delhi-NCR. *The JMC Review: An Interdisciplinary Social Science Journal of Criticism, Practice and Theory*, 5, 188-211.
4. Hölte, J., Theron, L., Cowden, R. G., Govender, K., Maximo, S. I., Carranza, J. S., ... & Ungar, M. (2021). A cross-country network analysis of adolescent resilience. *Journal of Adolescent Health*, 68(3), 580-588.
5. Kapoor, B., (2017). Prevalence of health risk behaviors among adolescents in Delhi-NCR, India. *IAHRW International Journal of Social Sciences Review*, 5 (2), 245-248.
6. Kapoor, B., & Tomar, A. (2017). Psychosocial implications of globalization: An opportunity-based perspective. *Indian Journal of Positive Psychology*, 8 (2), 196-199.

7. Kapoor, S., Mehta, M., & Kapoor, B. (2017). Gender differences in subtypes of obsessive compulsive disorder. *Indian Journal of Health and Wellbeing*, 8 (6), 515-517.
8. Kapoor, B., & Tomar, A. (2016). Exploring connections between students' psychological sense of school membership and their resilience, self-efficacy, and leadership skills. *Indian Journal of Positive Psychology*, 7 (1), 55-59.
9. Tomar, A., & Kapoor, B. (2016). Women in Indian television soap operas: A continued captivity in stereotypes. *IAHRW International Journal of Social Sciences Review*, 4 (2), 225-228.

**Book Chapters:**

1. Kapoor, B. (2022). Unit-7: Social learning theory and social role theory. In *Psychology of Gender (BPCG-176)* (pp. 149–163). Indira Gandhi National Open University, New Delhi.
2. Kapoor, B. (2022). Unit-8: Expectation states theory and gender schema theory. In *Psychology of Gender (BPCG-176)* (pp. 164–176). Indira Gandhi National Open University, New Delhi.
3. Kapoor, B. (2021). Unit 5: Stages in lifespan development. In *Developmental Psychology (BPCC-109)* (pp. 107–135). Indira Gandhi National Open University, New Delhi.
4. Kapoor, B. (2021). Unit 12: Social structure and development in the Indian context. In *Developmental Psychology (BPCC-109)* (pp. 306–322). Indira Gandhi National Open University, New Delhi.
5. Kapoor, B. (2021). Unit 14: Prosocial tendencies and antisocial behaviour in childhood. In *Developmental Psychology (BPCC-109)* (pp. 351–374). Indira Gandhi National Open University, New Delhi.

**Learning Modules:**

1. Kapoor, B. (2023). Networking. Reading Material for Behavioral Competencies of Central Secretariat Services. *Institute of Secretariat Training and Management*, 1, 298 – 311.

**Other Publications:**

1. Contributed an article, 'The View from the Other Side' for the 'Talk to Teachers' section of EducationMatters@ETMA e-Magazine, Vol. 3, No. 1, March, 2015, page 5.
2. Contributed an article, 'Peer Education: An Effective Mechanism for Assisting Adolescents' for the 'Innovative Learning Techniques' section of EducationMatters@ETMA e-Magazine, Vol. 2, No. 2, November 2014, 23-24.
3. Contributed an article, 'Innovation in Value Education' for the 'Classroom Innovations' section of ETMA e-Magazine, Vol. 1, No. 4, February 2014, 34-35.
4. Contributed an article, 'New Direction' for the 'Students Speak' section of EducationMatters@ETMA e-Magazine, Vol. 1, No. 2, August 2013.

**Newspaper Articles: NA**

**Papers presented in Seminars/conferences:**

1. Presented a brief oral presentation titled, 'Social Representation of Health and COVID-19 among female domestic workers in Delhi-NCR', at the 32nd convention of the National Academy of Psychology (NAOP), organized by NAOP and held at Ahmedabad University between March 3-5, 2023.
2. Delivered a presentation as an Invited Young Scientist Speaker on the topic, 'Predicting Intention to Perform Pro-environmental Behavior amidst Covid-19 Using the Theory of Planned Behavior', at the International Conference on People, Environment, Science & Pandemic: "वसुधैव कुटुम्बकम्" , jointly organized by Research Cell, Community Engagement & Outreach Cell and Department of Environmental Sciences, Bhagini Nivedita College, University of Delhi from June 5 – 7, 2020.
3. Presented a paper titled, 'Exploring the Interplay between Globalization and Identity', at the International Conference on 'Perspectives on Peace and Sustainable Development in a World of Conflict' organized by Vivekananda College, University of Delhi on 14th February, 2020.
4. Presented a paper titled, 'Understanding People's Experiences of Globalization: A Qualitative Study' in the UGC Sponsored Two Days National Seminar on "Globalization, Diversity and Equality: Challenges for Indian Society", organized by Ramanujan College, University of Delhi on 21st September, 2019.
5. Presented a paper titled, 'Understanding Globalization and its Implications for Identity' in the 27th National Academy of Psychology (NAOP), India conference jointly organized by Indian Institute of Technology, Kharagpur held during December 22-24, 2017.
6. Presented a paper titled, 'Women on Indian Television: A Continued Captivity in Stereotypes' in the Scientific Session of 24th Annual Convention of National Academy of Psychology (NAOP), India jointly organized by IIFM and NITTTR, Bhopal held during December 12-14, 2014.

**National Workshops and Seminars Organised:**

Member, Organizing Committee for the UGC Sponsored National Seminar on 'The Unconscious Communication in Psychoanalysis', held at Jesus and Mary College, University of Delhi, on 22nd January, 2020.

**Talks/Lectures:**

1. Participated in the 31st Convention of National Academy of Psychology 2021-2022 on "Psychology and Social Justice at the time of Covid-19 Pandemic: The State, Community, and Individual Perspectives", organized by NAOP with IIT Bombay on 5th March, 2022.
2. Participated in 'Trauma Response 3.0 – Fight/Flight or \_\_\_?', A Knowledge-Based Training Program organized by Unbottle Emotions from 26th February 2022 – 6th March 2022.
3. Part of the organizing team for the Webinar on the topic – "In a relationship... with the screen!". Speaker – Prof. Aseem Shrivastava, Faculty Member, Ashoka University.
4. Attended 4 Workshops on "Advanced Qualitative Research Methods in Psychology (AQRMP)", organized jointly by National Academy of Psychology and Jawaharlal Nehru University between 23rd October 2021 – 1st November 2021.
5. Completed a Six Weeks Online Research Methodology Workshop, organized by Council for Social Development, New Delhi between 4th April 2021 – 14th May, 2021.
6. Completed Three days hands-on Online Workshop on the topic, "SPSS Applications in Data Analysis", on 18th, 19th & 24th June 2020, organized by the Education Committee of PhD Chamber of Commerce and Industry, New Delhi.
7. Participated in the Pre-Conference Workshop – "Grounded Theory Method in Psychology", organized by the National Academy of Psychology (NAOP) India at IIT, Kharagpur (21st December, 2017).
8. Participated in the Pre-Conference Workshop – "Globalization and Well-Being: Sustainable Research in a Changing World", organized by the National Academy of Psychology (NAOP) India at IIFM, Bhopal (11th December, 2014).
9. Participated in the Workshop on the topic, "Information Literacy and Competency" organized by Delhi University Library System, University of Delhi, on 5th December 2014.
10. Participated in the Author Workshop conducted by Elsevier in association with University of Delhi on 22nd September, 2014.
11. Attended the International Seminar on Indian Psychology organized by the Department of Psychology, University of Delhi (March 22-25, 2013).
12. Certificate of Participation in "Interactive Session with Dr. Sudhir Kakar" at Vivekananda College, University of Delhi, 2011.

**Participation as Resource Person:**

1. Conducted a session on, 'Art Therapy' for the students of Iris, The Fine Arts Society, Jesus and Mary College, University of Delhi on 25th October, 2023.
2. Conducted a session on the topic, 'Theoretical Perspectives and Methodology of Qualitative Research' for Research Bootcamp - Discover 2.0: Intricacies of Psychological Inquiry, organized by You're Wonderful Project on 6th September, 2021.
3. Lecture on Perspectives from Psychology in Understanding Crime, at Faculty of Law, University of Law, University of Delhi on 10th November, 2018.
4. Conducted a workshop on Positive Classroom Environment with teachers from Ryan International School, Noida Extension on 27th June, 2017.

**OTHER DETAILS**

**Preparation of Teaching Material:**

Member of Syllabus Revision Committees for multiple courses, as part of the development of UGCF Psychology curriculum of University of Delhi in the years 2022 & 2023:

1. B.A. (Hons.) Psychology, DSE: Essentials of Media Psychology
2. B.A. (Hons.) Psychology, DSE 17: Personality Psychology
3. B.A. (Hons.) Psychology, DSC 19: Community Psychology
4. B.A. (Hons.) GE for Other Courses, GE: Psychology of Adjustment
5. B.A. Hons. Psychology, Value Added Course: Social Diversity
6. B.A. (Prog) Psychology, DSE: Understanding Psychology and Media

**Research Projects: NA****Membership in Professional Bodies:**

1. Member, National Academy of Psychology (NAOP)
2. International Affiliate at American Psychological Association (APA) (2023 – 2024).

**Orientation and Refresher Courses:**

1. Successfully completed and obtained Grade A+ in a 4-Week Faculty Induction/Orientation Programme for “Faculty in Universities/Colleges/Institutes of Higher Education”, from 21 February – 19 March, 2024, Organized by Ramanujan College, University of Delhi, under the aegis of Ministry of Education (PMMMNMTT).
2. Successfully Completed and obtained Grade A+ in an online two-week Interdisciplinary Refresher Course in “Advanced Research Methodology”, from 21 July - 04 August, 2023, Organized by Ramanujan College, University of Delhi, under the aegis of Ministry of Education (PMMMNMTT).
3. Online Two-week Refresher Course in "Psychology", between 30th December 2022 to 13th January 2023, Organized by Ramanujan College, University of Delhi, under the aegis of Ministry of Education (PMMMNMTT).
4. Participated in a five-day FDP on "Qualitative Research", between 11th - 15th July 2022, organized by Jesus and Mary College, University of Delhi in collaboration with Knowledge Whiteboard.
5. Participated in an orientation program on the topic, “Prevention and Management of Mental Health Problems in Higher Education Institutions”, organized by Institute of Counsellor Training Research and Consultancy (ICTRC) on 2nd February, 2022.
6. Participated in Two-week “Online Refresher Course in Psychology” between 12th April 2021 – 26 April 2021, organized by Ramanujan College, University of Delhi, under the aegis of Ministry of Education (PMMMNMTT).
7. Participated in Two-Weeks FDP on “Enhancing Psychological Skills for Teaching & Practice”, between September 15 - September 29, 2020, organized by Ramanujan College, University of Delhi, under the aegis of Ministry of Human Resource Development (PMMMNMTT).
8. Participated in One-Week Online FDP on "ICT Enhanced Teaching Learning and Creating MOOCs" between August 18 - August 25, 2020, organized by Ramanujan College and Shivaji College, University of Delhi, under the aegis of Ministry of Human Resource Development (PMMMNMTT).
9. Participation in FDP on “Online Teaching Tools”, organized by IQAC, Jesus and Mary College on 24th – 25th July, 2020.
10. Faculty Development Program on “Reimagining Academic Leadership – Redefining the Role of Teacher and Academic Excellence in the Era of Disruption” on 16th December, 2019 at Jesus and Mary College, University of Delhi.



11. Participation in FDP on “Creative Use of Technology in Education” (Level - advanced), organized by IQAC, Jesus and Mary College on 9th May, 2017.

**Field Work:**

1. Interned at the Institute of Human Behavior and Allied Sciences (IHBAS) for a period of two months, (May 21- July 21, 2012).
2. Field Work at Guru Teg Bahadur Hospital Shahadra, 2011.
3. Internship with special needs children at Koshish Special School for Intellectually Challenged, 2010.