


Curriculum Vitae

Title	Ms.	First Name	Asma	Last Name	Nisar	
Designation	Assistant Professor					
Department	Psychology					
Institutional Email Address	anisar@jmc.du.ac.in					
EDUCATION						
Degree	Institution	Year	Details			
PhD	Tata Institute of Social Sciences, Mumbai	Pursuing				
MPhil	Tata Institute of Social Sciences, Mumbai	2018	Title: "Development of artistic identity: Exploring the journey of Kashmiri artists."			
M.A.	Jamia Millia Islamia, New Delhi	2015	M.A. Applied Psychology with specialization in Clinical Psychology GPA-8.81 (University rank 2 nd)			
B.A	Jamia Millia Islamia, New Delhi	2013	B.A. Hons Psychology (Gold Medalist)			
CAREER PROFILE						
Organisation /Institution	Designation	Duration	Role			
Jesus and Mary College, Delhi University	Assistant Professor	Aug 2022- Jan 2024 (Adhoc) January 2024 onwards (regular)				
Gargi college, Delhi University	Assistant professor (Guest faculty)	November 2021- July 2022				
Ambedkar University Delhi	Assistant Professor (Full time	Feb 2019-July 2020				

	visiting)		
AREA OF INTEREST : Social Psychology, Cognitive Psychology, Research Methods in Psychology			
<p>TEACHING EXPERIENCE (Subjects/Courses taught)</p> <ul style="list-style-type: none"> I. Psychological Testing II. Experiments and Case study in Psychology III. Social Psychology IV. Introduction to Psychology V. Cognitive Psychology VI. Introduction to Social Psychology VII. Psychology of Individual Differences VIII. Cultural and indigenous Psychology IX. Counseling 			

PhD (Supervised) - NIL

MPhil (Supervised) – NIL

Undergraduate Thesis Supervision:

Supervised Undergraduate dissertation for 6 students – 5 students in Ambedkar University Delhi (2019, 2020) and 1 in Jesus and Mary College (2023)

HONORS & AWARDS

- I.** Gold Medalist for BA Hons Psychology batch 2013 (JMI, New Delhi)
- II.** Secured 2nd rank in M.A. Applied Psychology in Jamia Millia Islamia University (2013-2015 Batch)
- III.** Received Monetary scholarship from Jamia Millia Islamia for securing 1st rank in 1st 2nd and 3rd year of Graduation
- IV.** Received monetary scholarship from Jamia Millia Islamia for securing 2nd rank in M.A Applied Psychology (2015 batch)
- V.** Awarded best paper presentation award at the International conference of Indian Academy of Health Psychology (ICIAHP) held at the University of Jammu, Jammu (6-8, December 2015)

PUBLICATION DETAILS

Journal Articles:

- Co-authored a research paper “Social Adjustment and Life Satisfaction among Physically Challenged Individuals” which was published in the journal “Gorakhpur Social Scientist” Vol- V, No 1 &2, June and December 2014, ISSN 0976-8521
 - Co-authored a research paper titled "Quality of Life, spirituality and social support among caregivers of cancer patients" published in the IOSR journal, Vol:10, Issue:6 ISSN no:2320-3331
 - Co-authored a published research paper titled "Expressed Emotion and rumination as predictors of Post-traumatic Growth among child sexual

abuse survivors" with ISBNno:978-93-80570-99-0

- Co-authored a research paper titled "The effect of Spousal bereavement, retirement anxiety and perceived emotional support on hypochondriasis among older adults," published in the journal "Psychological Issues and Interventions in Health and Well-being" with ISBN no: 978-93-86777-33-2
- Co-authored a research paper titled "The relationship between thought suppression

Papers presented in Seminars/conferences:

- ▶ Presented a paper at the 3-day international conference on Perspectives on Peace and sustainable Development in a world of conflict at Vivekananda College (University of Delhi), Feb 2020.
- ▶ Presented a paper titled 'Fetters or Freedom: deconstructing the notions around Hijab' at the 3-day NOAP convention at Pondicherry university in December 2019.
- ▶ Presented a research paper titled "Role of Social Context in Shaping Artistic Identity: Narratives of Kashmiri Artists" at the International Conference on Emerging Trends in Psychology organized by the Dept. of Psychology, University of Madras, Tamil Nadu in March 2018.
- ▶ Presented a paper titled "Role of Critical Thinking, Optimism About Future And Learning Oriented Behavior On Academic Performance Of High School Students" at the 4th International conference on Psychology and Allied Sciences at Goa (16-18 January, 2016).
- ▶ Presented a paper titled "Expressed emotions and rumination as predictors of Posttraumatic Growth among Child sexual abuse survivors" in the 3rd International Conference on early Childhood Development: Emerging World, Policies and Practice for Early Childhood Development held at the center for Early Childhood Development and Research, JMI, New Delhi (19-20 November, 2015)
- ▶ Presented a paper titled "Quality of Life, spirituality and social support among caregivers of cancer patients" at the 2nd International and 4th National Indian Psychological Science Congress organized by National Association of Psychological Science, held at Dept. Of Psychology, P.G. Govt. College, Chandigarh (8-9 Oct, 2015).
- ▶ Presented a paper titled "Life satisfaction among the Physically challenged" at the National Seminar on Health and well-being held at Jamia Millia Islamia (12-13, November, 2014).

National Workshops and Seminars Organized:

Talks/Lectures:

- ▶ Conducted webinar on “Assertiveness- being direct without being aggressive,” organized by faculty of Psychology, Dept of Arts Little Flower Degree College in April 2024.
- ▶ Moderated and participated in the annual TISS literary Lecture in Tata Institute of Social Sciences on 30 January, 2017
- ▶ Moderated and participated in the 3rd “Sir Syed Memorial Lecture” held at Tata Institute of Social Sciences on 13 February 2017
- ▶ Member of the organizing committee of “13th Ambedkar Memorial Lecture” held at Tata Institute of Social Sciences.

Participation as Resource Person:

- ▶ Webinar Conducted workshops on soft skills (Communication, team work and leadership) in Adani Solars (December 2021- February 2022) as resource person in collaboration with the organization “The Alternative”
- ▶ Conducted and moderated a series of workshops (virtually) on Mental Health awareness and sensitization during the Covid -19 pandemic (May- October, 2020) in collaboration with the

organization "The Alternative"

OTHER DETAILS

Preparation of Teaching Material:

Research Projects:

Membership in Professional Bodies:

Member, National Academy of Psychology (NAOP)
Member, Social Psychology and Personality Psychology (SPSP)
Member, International council of psychologists (ICP)

Orientation and Refresher Courses:

- ▶ Participated in One-Week Online National Faculty Development Program/Certificate Program on **“Basics of Research and Issues in plagiarism (An Interdisciplinary Approach)”** organized by Guru Angad Dev Teaching Learning Centre, a Centre under PMMMMNMTT, Ministry of Education, Government of India and Department of Business Economics, SGTB Khalsa College, University of Delhi (31st May- 6th June, 2022)
- ▶ Participated in One-Week Online National Faculty Development Program organized by UGC-MMTC/ GAD-MMTC, SGTB Khalsa College, DU on "Blended Learning and LMS-Moodle" held from 02 may to 10 may 2024.

Field Work: